

Spa & Wellness

Spa Dubhé Schedule

10h00 - 22h00

Sunday 3pm - Friday 12pm

Private acces 60'

2 people **45€**

Friday 12pm - Sunday 3pm

Private acces 60'

2 people **65€**



Massages

Ayurveda

60 MIN 90€

Massage Extreme relaxing massage of Indian origin. Improves the nervous and immune system b providing vitality and happiness. Tones and relaxes muscles.

Descontracting

60 MIN 80€ | 90 MIN 115€

Relieves contractures, pain and tendonitis through friction and stimulation of reflex points.

Relaxing

60 MIN 75€ | 90 MIN 110€

Provides tranquility and deep relaxation through gentle passages. Recommended for people suffering from insomnia, stress and nervouness.

Craneofacial &

Réflexologie plantaire

60 MIN 75€ | 90 MIN 110€

Massage qui active the circulation and therefore oxigenates the treated areas to relax them. Calms the nerves and improves the skin.